
Erica V. Meyers, Psy.D.

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Education and Certification

Long Island University, C.W. Post Campus, 2015

Doctoral Degree in Clinical Psychology (Psy.D.), August 2015 (APA Approved)

Concentration: Family Violence

Dissertation: Does Graduated Extinction for Bedtime Resistance Negatively Impact a Child's Attachment Behavior?

Committee: Camilo Ortiz, Ph.D., Chair; Jill Rathus, Ph.D., Geoffrey Goodman, Ph.D.

Columbia University, Teachers College, 2005-2007

Master of Arts in Psychology in Education, May 2007, *Magna Cum Laude*

Rutgers University, New Brunswick Campus 2000-2004

Bachelor of Arts in Psychology, May 2004, *Cum Laude*

Psychology Departmental Honors

Awards and Grants

Elsie Ramos Memorial Student Poster Award for dissertation research, ABCT 2015.

Recipient of Dr. Ruth Westheimer Fellowship (2006)

Long Island University Intramural Peer Reviewed Research Grant, 2012-2013, Camilo Ortiz (PI on the grant) and I co-wrote the proposal to fund my dissertation research (\$1,756).

Specialized Trainings

- Habit Reversal Training for Pediatric Trichotillomania & Tic Disorders (training will take place on 6/23/17 at the University of Pennsylvania)
- Dialectical Behavior Therapy Foundational Training, The Linehan Institute Behavioral Tech, New Canaan, CT, July 2016
- Formalized training and supervision on the K-SADS and ADIS, 2014 NYU Child Study Center/Fordham University
- Mental Health Services and Policy Program at Northwestern University, National Child Traumatic Stress TF-CBT: Training Course for Trauma-Focused Cognitive Behavioral Therapy
- Dialectical Behavior Therapy (DBT) training, St. Luke's and Roosevelt Hospitals, Comprehensive Adolescent Rehabilitation and Education Service (CARES)
- Basic Parent Management Training (PMT), The Parent Management Training Institute, Webinar Series with Tracie Bush 2016.
- Assessing OCD in Children, Dr. Dean McKay, Fordham University
- Cognitive-Behavioral Play Therapy for Children with Dysregulated Emotions and Behavior, American Institute for Cognitive Therapy

- Providing Empirically-Supported Treatment for Organizational Skills Deficits in Children with ADHD, Dr. Richard Gallagher, NYU Child Study Center
- University of Quebec at Montreal: Coder for separation-reunion behavior of preschool children under Dr. Ellen Moss, Ph.D.
- The National Education Alliance (NEA) for Borderline Personality Disorder (BPD) Conference: Meeting the Needs of Children and Adolescents with Borderline Personality Disorder.
- Training in School Violence Prevention and Intervention
- Child Abuse and Maltreatment/Neglect: Identification and Reporting

Clinical Experience

Brooklyn Heights Behavioral Associates

Clinical Psychologist

July 2016 – February 2017

- Provided individual and group Dialectical Behavior Therapy (DBT) and DBT-C, to children, adolescents, and adults.
- Delivered Exposure and Response Prevention (ERP) treatment to children and adolescents with OCD. Collaborated with parents to reinforce child compliance with exposure protocols.
- Offered Parent Management Training (PMT) to parents of children with disruptive behavior disorders.
- Developed and implemented a weekly parenting webinar that included elements of PMT and DBT skills.
- Conducted intake evaluations of children, adolescents, and adults. Developed dispositions and treatment plans, and presented evaluations during weekly disposition meetings.
- Participated in weekly DBT team meetings and group supervision.

Pediatric Emotion Regulation Lab (PERL)

Supervisor: Dr. Amy Roy

Fordham University/NYU Child Study Center

Postdoctoral Fellow

May 2014 – June 2016

- Conducted diagnostic evaluations with children using the Kiddie- Schedule for Affective Disorders and Schizophrenia (K-SADS) and the Anxiety Disorders Interview (ADIS) as part of a National Institute of Mental Health RO1 Research Study entitled, “Prefrontal-Amygdala Circuitry in Young Children with Severe Emotion Dysregulation.” Presenting problems include neurodevelopmental, disruptive, anxiety, and mood disorders.
- Provided written and oral feedback to parents regarding diagnostic profile and treatment recommendations.
- Created a parent-training treatment manual for parents of children with significant temper outbursts and comorbid symptoms of ADHD.
- Created a child treatment manual for children with severe emotion dysregulation.
- Provided parent management training in a group format to families of children with disruptive behavior problems.
- Provided weekly group and individual supervision to clinical psychology doctoral students at Fordham University.
- Presented a talk on “Deciphering Disruptive Behavior” to educational staff at five different public schools in Bronx, Brooklyn, and Manhattan.
- Prepared manuscripts for publication.
- Assisted with IRB applications.

***Jewish Child Care Association
Foster Home Services- Bronx, N.Y. Office
Psychology Intern (APA Approved)
September 2012 – September 2013***

- Provided individual psychotherapy, group psychotherapy, and family intervention to children and adolescents in foster care.
- Performed psychological testing, including projectives. Reviewed results of testing with families and provided suitable recommendations.
- Effectively evaluated, managed, and documented client risk by assessing immediate concerns such as suicidality, homicidality, and intimate partner violence. Collaborated with clients to make appropriate short-term safety plans and intensified treatment as needed.
- Led psycho-educational foster parent workshops.
- Participated in weekly staff meetings, in-service trainings, case consultations and supervision sessions.
- Collaborated with other agencies, such as other medical providers, schools, ACS, and community services, when needed.

***St. Luke's and Roosevelt Hospitals
The Child and Family Institute (CFI)
Comprehensive Adolescent Rehabilitation and Education Service (CARES)
Psychology Extern
July 2011 – July 2012***

- Provided individual and group therapy to high school students suffering from psychiatric difficulties and/or substance abuse issues in a therapeutic school setting.
- Worked as part of an interdisciplinary team throughout various departments within the therapeutic school setting to provide psychological intervention and consultation with patients, teachers and physicians.
- Participated in annual Individualized Education Program (IEP) meetings with patients.
- Participated in weekly staff meetings, in-service trainings, DBT consultation team meetings, and supervision sessions.
- Received specialized training in Dialectical Behavior Therapy (DBT) and substance abuse treatment in a fast-paced milieu setting.

***Beth Israel Medical Center
Child, Adolescent and Family Multicultural Externship Program
Child Psychology Extern
September 2010 – July 2011***

- Conducted outpatient individual, group and family therapy with children and adolescents.
- Conducted weekly psychiatric intake evaluations of children and adolescents, developed dispositions and treatment plans, and presented evaluations during weekly disposition meetings.
- Performed psychological testing and reviewed results of testing with families.
- Co-led early adolescent social skills group.
- Presented in departmental case conferences.
- Collaborated with other agencies, such as other medical providers, schools, ACS, and community services, when needed.

- Made appropriate referrals to child protective services.
- Attended weekly family therapy seminar and participated in live family therapy supervision.

***Long Island University, C. W. Post Campus, Roslyn, New York
Psychological Services Center
Graduate Student Therapist
July 2009 – July 2010***

- Conducted weekly individual psychotherapy with child, adolescent, and adult clients.
- Performed intakes, psychodiagnostic testing, and feedback sessions.
- Gained experience in administration, scoring and interpretation of psychological assessments including projective testing.
- Participated in case conferences.
- Co-led an early adolescent social anxiety group.

***Inwood House, Bronx, NY
Group Therapist
July 2009 – July 2010***

- Co-lead a psychoeducation group for pregnant teens in a foster boarding home under the supervision of Dr. Allison Byers, Psy.D., licensed clinical psychologist.

***New York State Psychiatric Institute (NYSPI), Columbia Presbyterian Hospital, Division of Translational Imaging. Clinical Rater and Research Assistant
January 2007- September 2008***

- Conducted structured and semi-structured diagnostic interviews for patients with schizophrenia, and substance abuse.
- Conducted weekly clinical interviews for patients diagnosed with schizophrenia.
- Conducted neuropsychological testing with schizophrenic inpatients and outpatients.
- Monitored patients' psychological symptoms following experimental administration of Amphetamine.
- Participated in clinical case conferences, diagnostic consensus meetings, and daily team meetings.
- Attended weekly hospital wide grand rounds.
- Recruited patients from inpatient and outpatient clinics based on protocol eligibility.
- Scheduled all research appointments in the inpatient clinic.

Other Experiences in Mental Health

Summer 2010	American Group Psychotherapy Association's Camp Galaxy, 106 th Rescue Wing, Westhampton Beach, N. Y. Activities counselor for 50 military children whose parents were deployed. Created and facilitated fun activities and events using metaphor to underscore the challenges of military families.
December, 2002- February, 2003	Association for the Advancement of Mental Health, AAMH, Princeton, N.J. Assistant group therapist for individuals with severe mental illness, including bipolar disorder, schizophrenia, OCD, and PTSD
May, 2003-	Douglass Developmental Disabilities Center, New Brunswick, NJ

- August, 2003 Fieldwork Course
Offered social and daily living skills training to children with autism;
utilized an Applied Behavior Analysis (ABA) paradigm under the direction
of Dr. Sandra Harris, Ph.D., licensed clinical psychologist.
- September, 2003-
May, 2004 Center for Applied Psychology at Rutgers University, New Brunswick, NJ
Human Services Volunteer
Served as a mentor to one adolescent girl in foster care.
co-lead a therapy group for adolescent girls in foster care under the direction
of Dr. Robin Lang, Ph.D., licensed clinical psychologist.

Research Experience

Pediatric Emotion Regulation Lab (PERL)
Supervisor: Dr. Amy Roy
Fordham University/NYU Child Study Center
Postdoctoral Fellow
May 2014 – June 2016

- Oversee study procedures for the National Institute of Mental Health RO1 Research Study entitled, “Prefrontal-Amygdala Circuitry in Young Children with Severe Emotion Dysregulation.”
- Assist with IRB applications and renewals for the Fordham University IRB, the NYU Child Study IRB, and the NYC Department of Education IRB.
- Created a research proposal examining distress tolerance in parents of children with disruptive behavior disorders.
- Created research proposals for supplementary studies, such as a treatment and a follow-up study.
- Selected appropriate assessment instruments to measure study hypothesis.
- Oversee clinical portion of each study.
- Train graduate students on the K-SADS and mandated reporting.
- Prepare manuscripts for publication.

Inwood House
Research Assistant
July 2009 – July 2010

- Conducted follow-up assessment interviews with pregnant adolescents in foster care as part of a longitudinal study.
- Performed data entry, analyzed outcome data and prepared reports to funding agencies.
- Acted as a liaison between clinical case managers and the director of research and development.
- Managed the recruitment and retention of adolescents in foster care.

Fieve Clinical Services, Inc.
Clinical Research Coordinator
June 2006- January 2007

- Served as contact liaison between pharmaceutical companies, IRBs, and site personnel.
- Conducted assessments and rating scales in bipolar, MDD and GAD patients.
- Reported on adverse events.
- Conducted study visits.

- Screened, consented, and enrolled patients.
- Prepared and maintained regulatory documents.
- Administered neurocognitive assessments.

Project Renewal

Research Coordinator

October 2005- May 2006

- Conducted monthly processing, data analysis, and timely submission of evaluation reports to funding agencies.
- Evaluated cognitive function of substance abusing homeless individuals using various neuropsychological instruments.
- Analyzed the effectiveness of a harm reduction technique using the Addiction Severity Index.
- Acted as liaison between clinical case managers and the director of research and development.

Memorial Sloan Kettering Cancer Center

Research Study Assistant- Department of Surgery

Breast Cancer Research

May 2005- October 2005

- Completed medical abstractions for the sentinel lymph node database.
- Assigned subjects to various IRB protocols based on eligibility criteria.
- Conducted data entry and analysis.
- Attended weekly clinical ground rounds and medical seminars.

Office of the NJ Attorney General

Assistant to the Director of the Division of Consumer Affairs and the Alcohol and Drug Counselor Committee, Board of Marriage and Family Therapy Examiners.

June 2004- March 2005

- Composed monthly agendas in addition to the public minutes of monthly board meetings.
- Assisted in various investigative inquiries of mental health practitioners under the guidance of the Deputy Attorney General.
- Composed legal correspondence, including license revocations and letters of reprimand.

Peer Reviewed Publications

Meyers, E., DeSerisy, M., Roy, A. K. (2016). Disruptive Mood Dysregulation Disorder (DMDD): An RDoC perspective. *Journal of Affective Disorders*

Meyers, E., & Rovee-Collier, C. (2004). The renewal effect in early infancy. Abstract in *Developmental Psychobiology*, 43(3).

Conference Presentations

Meyers, E., & Ortiz, C. (2015, November). Does Behavioral Extinction Treatment for Bedtime Resistance Negatively Impact a Child's Attachment Behavior? Paper presented at the Association for Behavioral and Cognitive Therapies, Chicago, I.L.

Godovich, S., Kwon, D., Lopresto, N., Meyers, E., Klein, R. G., & Roy, A. K. (2015, September). Parental Anger Predicts Response to Tantrums in Children with ADHD. (2015, September) Paper presented at the 1st Congress on Pediatric Irritability and Dysregulation, Burlington, V.T.

Meyers, E., & Rovee-Collier, C. (2003, November). The Renewal Effect in Early Infancy. Paper presented at the meeting of the International Society for Psychobiology, New Orleans, L.A.

Meyers, E., & Rovee-Collier, C. (2004, April). Contextual Control of Learned Responding by 3-Month-Olds: The Renewal Effect. Paper presented at the meeting of the Eastern Psychological Association, Washington, D.C.

Kegeles, L., Slifstein, M., Xu, X., Hackett, E., Gil, R., Alvarez, B., Meyers, E., Urban, N., Laruelle, M., & Abi-Dargham, A. (2008, September). D2/D3 Receptor Binding in Striatal and Extrastriatal Regions in Schizophrenia: A PET study with fallypride.

Testing Experience

***Jewish Child Care Association
Foster Home Services- Bronx, N.Y. Office
Psychology Intern
September 2012 – September 2103***

Wechsler Abbreviated Scale of Intelligence- Second Edition (WASI-II), (10)
Wechsler Intelligence Scale for Children, Third Edition (WISC-III), (1)
Kaufman Test of Educational Achievement, Second Edition (KTEA-II), (11)
The Bender Visual-Motor Gestalt Test, Second Edition (Bender Gestalt II), (11)
Adaptive Behavior Assessment System, Second Edition (ABAS-II), (4)
House Tree Person Figure Drawing, (11)
Sentence Completion Task, (12)
Thematic Apperception Test (TAT), (4)
Roberts Apperception Test for Children (RATC), (7)

***Beth Israel Medical Center
Child, Adolescent and Family Multicultural Externship Program
Child Psychology Extern
September 2010 – July 2011***

Wechsler Intelligence Scale for Children (3)
Wechsler Individual Achievement Test, Second Edition (3)
Delis-Kaplan Executive Function System (3)
Conners' Continuous Performance Test (CPT) (3)
The Rey-Osterreith Complex Figure Test (ROCFT) (3)
Beery-Buktenica Developmental Test of Visual-Motor Integration (3)
Child Behavior Checklist for Ages 6-18 (12)
Conners' III ADHD Index- Self- Report (2)
Conners' III ADHD Index Parent Rating Scale-Revised (12)
Conners' III ADHD Index Teacher Rating Scale (12)
Thematic Apperception Test (TAT) (3)
Rorschach Inkblot Test (3)
House Tree Person Figure Drawing (3)
Sentence Completion Task (3)

***Long Island University, C. W. Post Campus, Roslyn, New York
Psychological Services Center
Graduate Student Therapist
July 2009 – July 2010***

The Rey-Osterreith Complex Figure Test (ROCFT) (3)
Behavior Assessment System for Children (age 12 -18)
Behavior Assessment System for Children-II (Ages 12-21) Parent Rating Scale
California Verbal Learning Test- II
Child Behavior Checklist for Ages 6-18
Conners' III ADHD Index- Self- Report
Conners' III ADHD Index Parent Rating Scale-Revised
Conners' III ADHD Index Teacher Rating Scale
House Tree Person Drawing
Minnesota Multiphasic Personality Inventory-II (1)
Thematic Apperception Test (2)
Trail Making Test A & B
Wechsler Adult Intelligence Scale (3)
Wechsler Individual Achievement Test (3)
Youth Self-Report for Ages 11-18 (2)

***New York State Psychiatric Institute (NYSPI), Columbia Presbyterian Hospital, Division of
Translational Imaging. Clinical Rater and Research Assistant
January 2007- September 2008***

Diagnostic Interview of Genetic Studies, DIGS (7)
Psychiatric Interview for Substance and Mental Disorders, PRISM (4)
Structured Clinical Interview for DSM-IV, SCID (4)
Hamilton Depression Inventory, HAM-D (13)
Hamilton Anxiety Scale (13)
Young Mania Rating Scale, YMRS (13)
Positive and Negative Syndrome Scale, PANSS (13)
Brief Psychiatric Rating Scale, BPRS (13)
Scale for the Assessment of Negative Symptoms, SANS (13)
Scale for the Assessment of Positive Symptoms, SAPS (13)
MINI Mental Status Examination (13)
Calgary Depression Inventory, CDI (7)
Wechsler Adult Intelligence Scale (6)
Wechsler Memory Scale Third Edition (6)
NBack (8)
Wisconsin Card Sorting Test (WCST) computer and manualized version (8)
Conners' Continuous Performance Test (CPT) (5)
California Verbal Learning Test- II (6)
Trail Making Test A & B (6)